







Grand Champion SKIF World Championship 2019



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Sports area Pouchov Hradec Kralove CZECH REPUBLIC





# **SEMINAR S.K.I.F. KARATE-DO**

## **Hiyori KANAZAWA**, Grand Champion MS SKIF 2019 10<sup>th</sup> – 11<sup>th</sup> May 2025 Hradec Králové, Czech Republic

**Date:** 10<sup>th</sup> - 11<sup>th</sup> May 2025

Venue: Sports Hall Pouchov, address: K Sokolovně 544/19, 503 41 Hradec Králové

**Organizer:** SK Karate Spartak Hradec Králové in cooperation with SKIF Czechia

#### Time schedule:

#### Saturday 10<sup>th</sup> May

08.30 - 09.30	registration of participants
10.00 - 11.30	training for 7 <sup>th</sup> – 1 <sup>st</sup> kyu and DAN
11.30	group photo shoot
12.00	lunch together (only for advance registered participants, flat
	rate payment- see "prices")
14.30 - 15.45	training for 5 <sup>th</sup> – 1 <sup>st</sup> kyu and DAN
16.00 - 17.15	training for 3 <sup>rd</sup> – 1 <sup>st</sup> kyu and DAN
18.30	dinner together (only for advance registered persons)

### Sunday 11<sup>th</sup> May

09.00 - 09.30	registration of participants
10.00 - 11.15	training for 7 <sup>th</sup> – 1 <sup>st</sup> kyu and DAN
11.30 - 12.45	training for 5 <sup>th</sup> – 1 <sup>st</sup> kyu and DAN
13.00 - 14.15	training for 3 <sup>rd</sup> – 1 <sup>st</sup> kyu and DAN
14.45	DAN exams - only for pre-registered candidates
	A completed DAN application form is required

Note: The limitation of technical grades is due to the difficulty of techniques, especially kata, which will be practiced. However, it does not necessarily mean a limitation for participants (practitioners who know more advanced kata can participate even with low kyu trainings for higher technical levels).

#### **Application form:**

by e-mail seminar@karate-skif.cz until 7<sup>th</sup> May 2025 (including registration for lunch together, dinner together and DAN exams)

#### **Prices:**

Each training 300 CZK / 12 EUR Lunch together 300 CZK / 12 EUR payment only in cash

Lunch together is organized in restaurant Kuželna (address: Průběžná 611, 500 09 Hradec Králové).

Dinner together – everyone pays his/her own bill at the restaurant.

Contact: <u>seminar@karate-skif.cz</u>, +420 721 317 764, +420 604 609 186

Accommodation: Hotel Černigov \*\*\* Riegrovo nám. 1494, 500 02 Hradec Králové (GPS - 50°12'51.592"N, 15°48'48.381"E) booking: e-mail: fom.hchk@cpihotels.com or tel: +420 495 814 266 www.hotelcernigovhradeckralove.com

We are looking forward to see you in Hradec Králové.