

KATA, KUMITE,
JAKUSOKU KUMITE
FOR ALL AGES

www.karatecup.com



GPHK | SKIF
2018

+ SEMINAR WITH
MASTERS

HANSHI
MASARU MIURA
(9TH DAN)

SENSEI
PAOLO LUSVARDI
(8TH DAN)

18TH GRAND PRIX HRADEC KRALOVE
INTERNATIONAL KARATE TOURNAMENT (SKIF)

28TH - 29TH APRIL 2018



HRADEC KRÁLOVÉ



KRÁLOVÉHRADECKÝ
KRAJ



REGINA

INVITATION

Kamil Guzek
Director of Grand Prix Hradec Kralove



Dear karate friends,

this year is really exceptional for the Grand Prix Hradec Králové tournament. It is coming back to the calendar after an annual pause because our club organized the SKIEF European Championship in 2017. This 18th year of our traditional karate tournament will be held according to SKIF rules. GPHK 2018 will take place in the Třebeš Sports Hall, where the 2013-2015 years were held. This time, both sports halls will be available.

Also this year, the Grand Prix of Hradec Králové is supported by the statutory city of Hradec Králové, which included the tournament in the series of the most prestigious events of the city - REGINA 2018. The tournament is also supported by the Hradec Králové Region and SKIF CZ. In 2018 we also have the honor to welcome the hanshi Masaru Miura and Sensei Paolo Lusvardi, who will lead the karate seminar as part of the tournament.

We hope that all the karate participants will have a good experience and enjoy Hradec Králové city. We wish everyone the most pleasant trip, stay and success at the Grand Prix Hradec Králové 2018. Together with a large team of organizers, I look forward to a meeting in Hradec Králové.

INVITATION

PaedDr. Jindřich Vedlich, Ph.D.
Deputy Mayor of the city of Hradec Kralove



Dear sportsmen,

I am very pleased that the city of Hradec Králové is honored to host the 18th year of the biggest karate competition in our country. As a former karateka and longtime supporter of the sport I am always happy I can participate in Grand Prix Hradec Králové as a visitor. For me it is a little sentimental remembrance of years spent in karate-gi.

Let me wish you for myself and for the city many excellent sport performances and a nice show. If you will find some time after official event's programme I warmly invite you to explore our interesting town.

VENUE

28th - 29th April 2018
Trebess Sports Hall / Hradec Kralove / CZE



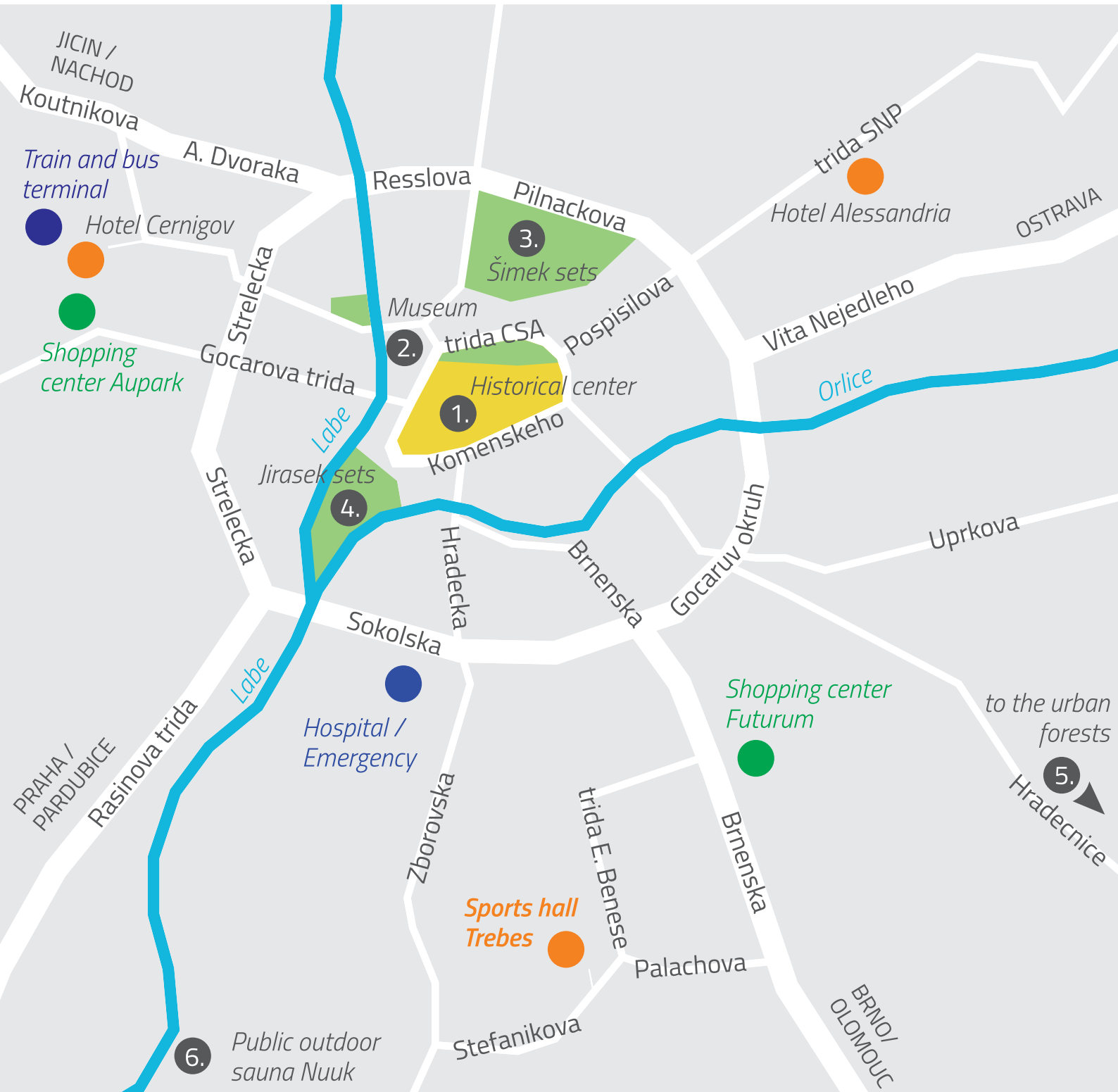
Venue: Trebes Sports Hall, Hradec Kralove, Czech Republic

Address: Na Potoce 691/30, 500 11 Hradec Kralove

GPS: N 50° 11.38368', E 15° 50.32417'

CITY MAP

18th Grand Prix Hradec Králove
28th - 29th April 2018



WHAT TO VISIT

18th Grand Prix Hradec Králove
28th - 29th April 2018



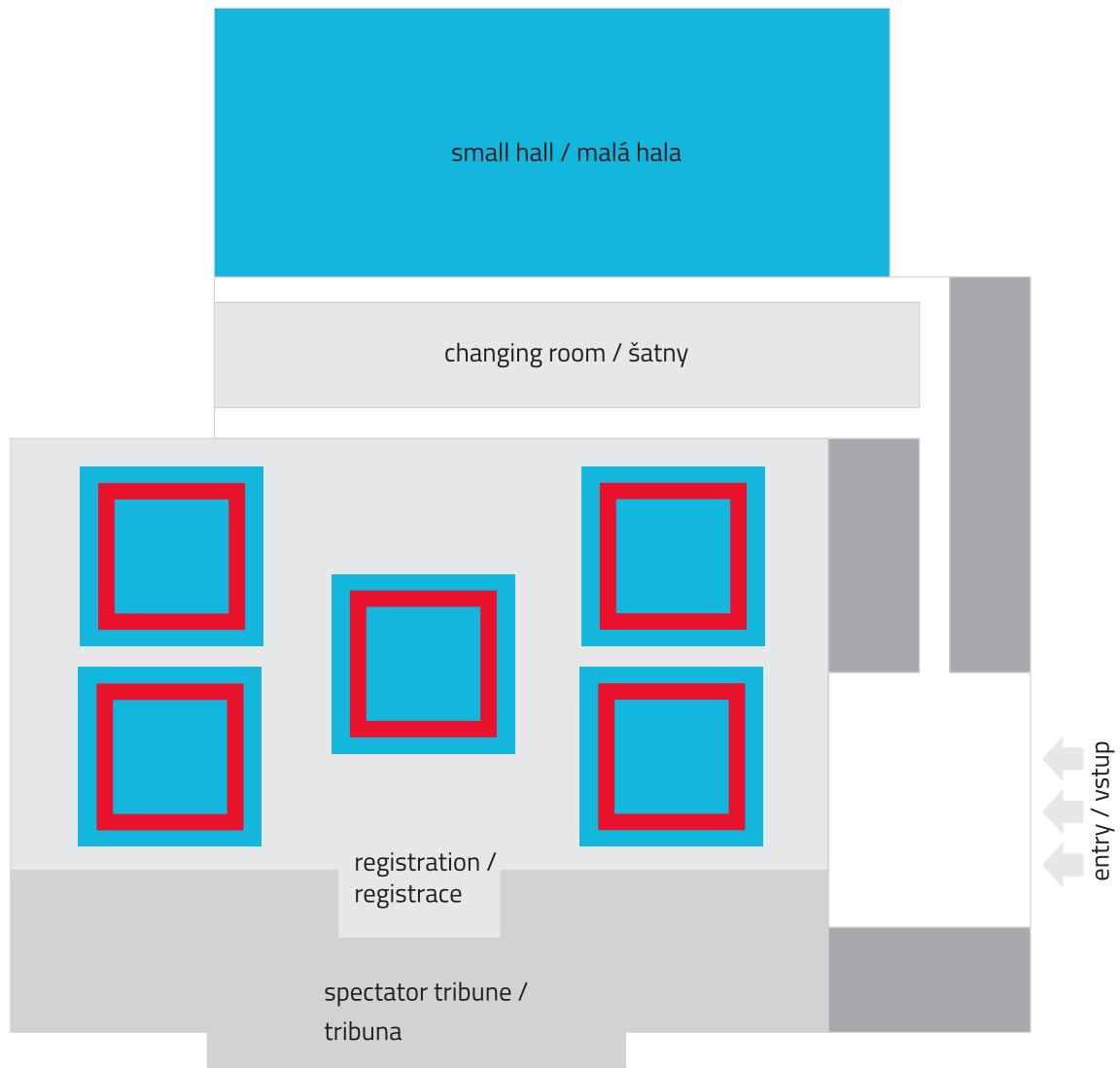
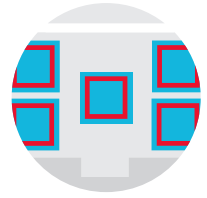
- 1. Historical center. What to visit: The White tower (www.bilavez.cz), The Cathedral of the Holy Spirit, The Gallery of modern art, terraces and gardens around the square.
- 2. Museum. www.muzeumhk.cz
- 3. Šimek sets. Go for a walk, relax and take a coffee.
- 4. Jirasek sets. Beautiful nature in a middle of city. What to see: Confluence of Labe

(Elbe) and Orlice rivers and wooden Church of the Holy Nicholas.

- 5. The Urban forests. What to see: Fields with fallow deers, wild boars, and sika deers (2 km from bus stop "Lesni hrbítov", bus line no.9). www.mestske-lesy.cz
- 6. Public outdoor sauna NUUK (2km from confluence on the left bank of the Labe River) www.saunanuuk.net

SCHEME OF THE HALL

28th - 29th April 2018
Třebes Sports Hall / Hradec Kralove / CZE



TIME SCHEDULE

FRIDAY 27th, SATURDAY 28th April 2018
Trebess Sports Hall / Hradec Kralove / CZE



FRI 27 th April	18:00 – 21:00	registration of competitors (in Hotel Cernigov)
SAT 28 th April	08:00 – 08:45	registration of competitors (in sports hall)
SAT 28 th April	09:00 – 11:00	seminar Shihan Masaru MIURA Sensei Paolo LUSVARDI
SAT 28 th April	11:00 – 11:30	referee meeting
SAT 28 th April	12:30	start of the competition / after-party (Cernigov)

Cadets (14-15 years)

kata male
kata female
kata team male (with juniors)
kata team female (with juniors)
kumite male / -60, +60
kumite female / -55, +55
kumite team male cadets
kumite team female cadets
yakusoku kumite – kihon ippon kumite

Juniors (16-17 years)

kata male
kata female
kata team male (with cadets)
kata team female (with cadets)
kumite male / -65, +65
kumite female / -55, +55
kumite team male juniors
kumite team female juniors
yakusoku kumite – jiyu ippon kumite

U20 (18-19 years)

kata male
kata female
kumite male / -70, +70
kumite female / -60, +60

Seniors (+20 years)

kata male
kata female
kata team male (+18 years)
kata team female (+18 years)
kumite male / -65, -75, +75
kumite female / -60, +60
kumite team male seniors
kumite team female seniors

Masters (-50 years)

kata male
kata female
kata team / male, female
kumite team / male, female
kumite male OPEN
kumite female OPEN
yakusoku kumite – jiyu i.k.

Masters (+50 years)

kata male
kata female
kata team / male, female
kumite team / male, female
kumite male OPEN
kumite female OPEN
yakusoku kumite – jiyu ippon kumite

Note: It is allowed to start in own category and also in older category (except seniors/Masters U50 or Masters U50/50+).

TIME SCHEDULE

SUNDAY 29th April 2018
Trebess Sports Hall / Hradec Kralove / CZE



SUN 29 th April	07:45 – 08:30	registration of competitors	
SUN 29 th April	08:30 – 09:00	referee meeting	
SUN 29 th April	09:00	start of the competition	
SUN 29 th April	14:00 – 16:00*	seminar	Shihan Masaru MIURA Sensei Paolo LUSVARDI

*or after the end of competition

Children 7-9 years

kata boys / up to 7th kyu, from 6th kyu
kata girls / up to 7th kyu, from 6th kyu
kata team boys (7-13 years)
kata team girls (7-13 years)
kumite boys / -30, +30
kumite girls / -30, +30
yakusoku kumite up to 7th kyu
– gohon kumite
yakusoku kumite from 6th kyu
– sanbon kumite

Children 12-13 years

kata boys / up to 6th kyu, from 5th kyu
kata girls / up to 6th kyu, from 5th kyu
kata team boys (7-13 years)
kata team girls (7-13 years)
kumite boys -50, +50
kumite girls -45, +45
yakusoku kumite up to 6th kyu
– sanbon kumite
yakusoku kumite from 5th kyu
– kihon ippon kumite

Children 10-11 years

kata boys / up to 6th kyu, from 5th kyu
kata girls / up to 6th kyu, from 5th kyu
kata team boys (7-13 years)
kata team girls (7-13 years)
kumite boys / -35, +35
kumite girls / -35, +35
yakusoku kumite up to 6th kyu
– sanbon kumite
yakusoku kumite from 5th kyu
– kihon ippon kumite

Note: It is allowed to start in own category and also in older category.

RULES - KATA

Tournament with SKIEF rules with details mentioned below



<http://karate-skif.cz/wp-content/uploads/2015/01/SKIEF-Competition-Rules-Version-1.pdf>

KATA

- at least 8th kyu
- kohaku system until final, final with point system (4 competitors)
- SKIF standardization is preferred

children (7-13 years)

- kohaku system: Heian Shodan – Godan selected by referee panel
- final – tokui kata: Heian Shodan-Godan, Tekki-Shodan, Bassai-dai, Jion, Kanku-dai and Empi

cadets (14-15 years)

- kohaku system: Heian Shodan – Godan or Tekki Shodan selected by referee panel
- final – tokui kata: Heian Shodan-Godan, Tekki-Shodan, Bassai-dai, Jion, Kanku-dai, Empi, Gankaku, Jitte, Bassai-sho and Kanku-sho

juniors (16-17 years)

- kohaku system: Heian Shodan – Godan or Tekki Shodan selected by referee panel
- final – tokui kata: all kata allowed (except Seienchin, Seipai, Gankaku-sho and Nijuhachi)

U20, seniors, Masters

- kohaku system: Bassai-dai, Jion, Kanku-dai or Empi selected by referee panel
- final – tokui kata: all kata allowed

RULES – KUMITE & TEAMS

Tournament with SKIEF rules with details mentioned below



KATA TEAM

- Kata team will be held for 2 rounds, semifinal and final by point system, if there are more than 8 teams. If there is 8 and less teams, there will be 1 round. If there is any draw in semifinal, teams must perform different kata. If there is a draw in final, teams can perform kata from semifinal. So 2 katas must be prepared in total
- children (7-13 years) – Heian Shodan – Godan
- juniors, seniors, masters – all kata allowed

KUMITE & KUMITE TEAM

- at least 6th kyu
- all categories – Ippon Han Shobu
- children and cadets (7-15 years) – match of 90 seconds
- juniors, U20, seniors, Masters – match 120 seconds
- team – 3+1 competitors
- protectors: Gum shield, Mitts (approved by SKIF) are compulsory (red and blue mitts are allowed). Groin and Chest (Girls) protectors are allowed, but Shin protectors are forbidden. Body protectors are allowed for children's and cadet's categories (7-15 years).

YAKUSOKU KUMITE

- Competition of pairs (2 competitors compete as one team)
- Kohaku system:
 - gohon kumite – each competitor must do five attacks jodan oi-zuki and five attack chudan oi-zuki; each competitor must demonstrate one defending technique on each type of attack (so one defending technique five times)
 - sanbon kumite – each competitor must do three attacks: jodan oi-zuki, chudan oi-zuki, chudan mae-geri; each competitor must demonstrate one defending technique on each attack
 - kihon ippon kumite, jiyu ippon kumite – each competitor must do five attacks: jodan oi-zuki, chudan oi-zuki, chudan mae-geri, chudan yoko-geri-kekomi, jodan mawashi-geri; each competitor must demonstrate one defending technique on each attack; each competitor must demonstrate different defending techniques
- SKIF defending techniques are preferred

IMPORTANT INFORMATION

entry forms, entry fees



Entry forms:

till 22nd April via e-mail info@karaterec.com

Entry fees:

10 EUR per individual category

20 EUR per team category

10 EUR for seminar (for each training)

15 EUR for after-party in Hotel Cernigov (saturday)

It is possible to pay in cash during the registration on tournament or it is possible to pay in advance on bank account:

IBAN: Cz2320100000002600709258

SWIFT: FIOBCZPPXXX

Bank: Fio banka, a.s.

Adress: V Celnici 10, 117 21 Praha 1

Name account: SK Karate Spartak Hradec Kralove

All referees have accommodation in hotel Cernigov and meals during the tournament free of charge.

Protest fee:

20 EUR

in case of successfull protest the protest fee will be repaid

Transfers:

- there will be transfers between hotel Cernigov and sports hall (free of charge)
- we can arrange the transfer from Prague Airport to Hradec Kralove and back for 10 EUR per person (for at least 3 persons). If you are interested to this possibility please send your order on info@karaterec.com (with date of arrival and departure, number of persons)

AWARDS

18th Grand Prix Hradec Králove
28th - 29th April 2018



Individual categories

1 st place	cup, medal, diploma
2 nd place	medal, diploma
3 rd place	medal, diploma

Kata TEAM

1 st place	1x cup, 3x medal, 3x diploma
2 nd place	3x medal, 3x diploma
3 rd place	3x medal, 3x diploma

Kumite TEAM

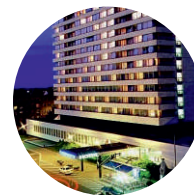
1 st place	1x cup, 4x medal, 4x diploma
2 nd place	4x medal, 4x diploma
3 rd place	4x medal, 4x diploma

Medals from 17th GPHK.



ACCOMMODATION

Hotel Cernigov ***
official hotel



Accommodation/

HOTEL ČERNIGOV *** (official hotel)

Address:

Riegrovo nám. 1494, 500 02 Hradec Králové

(GPS - 50° 12' 51.592"N, 15° 48' 48.381"E)

Booking:

by e-mail: fom.hchk@cpihotels.com or by tel: +420 495 814 266

www.hotelcernigovhradeckralove.com/

single room 34 EUR / per night - with breakfast (buffet type)

double room 46 EUR / per night - with breakfast (buffet type)

triple room 58 EUR / per night - with breakfast (buffet type)

All referees have accommodation in hotel Cernigov and meals during the tournament free of charge.

Free transfers from the official hotel to sports hall and back.

During booking process mention keyword "KARATE"

We can guarantee price mentioned above only with booking by e-mail or by phone with keyword KARATE (not by any web portals or booking systems)!