



# BATTLE OF THE TEAMS KARATE TEAM CHAMPIONSHIPS

Rotterdam, Netherlands  
4<sup>th</sup> December 2010



SENIOR, JUNIOR, CADET, CHILDREN

TOPSPORTCENTRUM ROTTERDAM  
VAN ZANDVLIETPLEIN 20  
3077 AA ROTTERDAM

**[WWW.BATTLEOFTHEAMS.NL](http://WWW.BATTLEOFTHEAMS.NL)**



Dear Friends,

A warm welcome to all of you who have come to the Battle Of The Teams in Rotterdam. Rotterdam, the City of Sports, is very proud to host this event.

From a national as well as an international perspective Rotterdam is a prominent and striking city. Rotterdam is one of the world's largest seaports (known as 'the Gateway to Europe') and as such is brimming over with activity and is developing rapidly into an alluring, multifarious city.

Rotterdam is every inch a sports-loving city as well. Our integrated sports policy in a contribution to health, social and economic development, integration and improving quality of life, has become an example in The Netherlands. The international awarding for Rotterdam as the 'European Capital of Sports 2005' and the national award as 'The Sport City 2006 of The Netherlands' proves our policy has been recognized and successful.

I hope that this contest will be an exciting one for those taking part, the organisers and the public, and that it will demonstrate why Rotterdam is the City of Sports.

If you require any further information or assistance then please contact [info@battleoftheteams.nl](mailto:info@battleoftheteams.nl).

See you in Rotterdam!

Hans den Oudendammer  
Director, Rotterdam Topsport



## What is Battle of the Teams?

The Battle of the Teams is a unique karate event. In which only teams will compete to be the ultimate winner of the tournament. During this event the number of points scored per team competitor will count, instead of the number of winning matches. This unique system will make the tournament exciting until the last minute.

## Short explanation of the rules of competition.

First of all an explanation of the points.

A competitor can score in three different ways:

- Ippon: one point
- Nihon: two points
- Sanbon: three points

These points can be scored by performing different techniques.

Ippon is scored by punching towards body or face of the opponent

Nihon is scored by kicking towards the body of the opponent

Sanbon is scored by kicking towards the head or by throwing the opponent, which means that the opponent is thrown on the ground followed by a punch or a kick.

Furthermore, punishments can be obtained during a competition.

The referee will give a punishment for one of the next obstructions:

- Contact: hitting the opponent (too hard) in the face
- Unsportsmanlike behaviour towards the referee or the opponent
- Talking to the referee
- The competitor is outside the Tatami

### IMPORTANT NOTE FOR COACHES

Coaches must be in Association tracksuits or colours etc. and must wear their coaching ID badge. Others will be refused access to the Tatami.

Only coaches ADHERING TO DRESS CODE and in possession of a coaches pass will be allowed on the competition area, these will be supplied at the event. All coaches must provide his/her details to the Chief Referee. Only 1 coach is permitted on the Tatami at any one time.



## Saturday 4<sup>th</sup> December 2010

### PARTICIPATION:

#### TEAMS YOUTH

12-13 years boys team and girls team  
3 competitors per team + 1 reserve

#### TEAMS CADETS

14-15 years boys team and girls team  
3 competitors per team + 1 reserve

#### TEAMS JUNIORS

16-17 years boys team and girls team  
3 competitors per team + 1 reserve

#### TEAMS SENIORS

+18 years male team and female team  
3 competitors per team + 1 reserve

It is possible to have dispensation for one competitor per team.  
This means that one team can consist of members of two different karate clubs.

### RULES OF COMPETITION:

Every team competitor plays his/her game; the points scored will be added up.  
The team with the most points is the winner.

### IMPORTANT!

Mouth guard and red and blue protection for hands, feet and lower leg are mandatory.

### CONCEPTUAL PROGRAM:

Teams youth/cadets: sign in from 08.30-09.00 hrs  
start of competition planned at 09.30 hrs  
Teams juniors/seniors: sign in from 13.00-13.30 hrs  
start of competition planned at 14.00 hrs



## Registration

Registration for “**Battle of the Teams 2010**” will be possible through [www.karano.nl/kts/login.php](http://www.karano.nl/kts/login.php)

If you have not used this site before you have to create an account first. On the login page you can choose the following link: “Click this link if your club does not has an account yet” or on the left hand side of the webpage choose “Register club”. On the “Register club” page please provide complete information. You will be requested to fill in at least one email address.

After you click “submit registration” carefully follow the instructions on the webpage and in the registration email that you will receive and that you have to confirm.

When you have confirmed this registration email, it can take a couple of days before we can activate your account.

Anyone without an account who is interested in the registration of clubs and competitors can visit [www.karano.nl/ktspub](http://www.karano.nl/ktspub)

Please also put this link on the website of your club.

If problems occur with registration, you can contact the organization of this tournament by sending a mail to [info@battleoftheteams.nl](mailto:info@battleoftheteams.nl)

### REGISTRATION FEE:

Youth and Cadets 30,00

Juniors and Seniors 40,00

Registration fee can only be transferred karate school/sport association to the following account: 3084381 at the name of Budo Vereniging Alexander; Ibanummer NL51INGB0003084381, BIC INGBNL2A

## Accommodation:

### **Topsportcentrum Rotterdam**

Van Zandvlietplein 20

3077 AA Rotterdam

[www.topsportcentrum.nl](http://www.topsportcentrum.nl)





## Hotels:

Rotterdam has a very large range of hotels accommodation from group specialist thru to 5 star hotels. All the main hotels can be booked from this website. To check on availability and make a booking you can visit: [www.rotterdam.info](http://www.rotterdam.info).

## Rotterdam welcomes you

At 52 degrees north latitude and 4 degrees east longitude where the waters of Europe's largest rivers merge to flow into the North Sea, you'll find Rotterdam, the city with Europe's largest seaport. With approximately 600.000 inhabitants Rotterdam is the second largest city in the Netherlands. A compact yet cosmopolitan city, with a young, dynamic and international population that consists of over 170 nationalities. The city has a lot to offer its visitors: sports, culture, architecture, nightlife and shopping. Rotterdam can be comfortably reached by all modes of transport. The city offers an ample selection of excellent accommodations to its visitors.

## Rotterdam City of Sports

Rotterdam is the number one sports city of the Netherlands. No other city features as many (top-class) sporting events each year. Annual events on the Rotterdam sports calendar include the ABN AMRO World Tennis Tournament, the Rotterdam indoor 6-day cycling event, the Fortis Rotterdam Marathon, CHIO Rotterdam (equestrian event) and the Bavaria City Racing. In addition, Rotterdam is regularly the proud host city for top national and international events. Highlights of the last few years include the ITF Davis Cup in 2001 and 2007, the IHF Champions Trophy Hockey Men in 2001 and 2008, the 2003 IKF World Korfbal Championships, the 2005 IJF European Judo Championships, the 2005 IBAF World Baseball Championships, the Volvo Ocean Race 2006, and the Red Bull Air Race in 2005 and 2008.

No less than three world championships will be held in Rotterdam these following years. The Artistic Gymnastics World Championships 2010, the Table Tennis World Championships 2011 and the Squash World Championships 2011. 'Sports' will become practically synonymous with 'Rotterdam' in the next few years, and has been for the last decade.