



The rules and regulations of the IV-th International Bielsko-Biała Karate Grand Prix Bielsko-Biała 23.10.2010



Honourary Patronage

Jacek Krywult
The president of Bielsko-Biała

Organizer

KSA Atemi Bielsko-Biała
www.atemi.bielsko.com.pl

Co-organizers

The City Hall in Bielsko-Biała
The Silesian Voivodeship's self-government

AIM OF THE COMPETITION

Popularisation of the spirit of fight and idea of karate
Appointing the best contestants in particular competitions.

DATE AND PLACE

Date: 23.10.2010. The competition starts at 9.30a.m..
The opening ceremony of the Grand Prix begins at 12 a.m.
Location: The Sports and entertainment arena "Pod Debowcem" in Karbowa 26 Street, Bielsko-Biała
Arrival of all participants: 23.10.2010.
Verification of all contestants : payments will be accepted on the day of the competition i.e. 23.10.2010 in the Sports and entertainment arena from 7.30 a.m. Contestants' papers will be checked during the competition.
The technical briefing:

- ✓ Referees: 23.10.2010 at 9.00am.
- ✓ Heads of teams: 23.10.2010 at 9.15am

CONDITIONS OF PARTICIPATION

The competition is open for polish and foreign clubs

- ✓ Children (to 11 years inclusive)
- ✓ Abecedarians (12-13 years)
- ✓ Cadets (14-15 years)
- ✓ Juniors (16-17 years)
- ✓ Seniors - contestants who were turned eighteen!

The day of birth decides about the age category !!

People taking part in kata need to have at least 9 kyu degree, in kumite 7 kyu
Written applications should be sent by 21.10.2010 till 4.00 p.m. at the following address:

- ✓ e-mail : atemi@bielsko.com.pl
- ✓ fax No. +48 (prefix) 33 817 27 48
- ✓ Magda Jędrzejczyk +48 604 194 643, e-mail: j.megg@op.pl
(for foreigners)

The draw will take place on 21.10.2010 at 5.00 p.m. in the Atemi club's office.

Contestants should have:

- ✓ Proven karate degree (a diploma, budo-book etc)
- ✓ Identity card with a photo.
- ✓ A doctor's permission to take part in the competition



✓ Full Insurance coverage for all eventualities.

The entry fee must be paid in cash before the beginning of competition

WAY OF CONDUCTING THE COMPETITION



The Grand Prix competitions will be conducted according to rules of WKF (with changes)- two third places, flag system in kata and kumite competitions with play-offs.

The competition will take place on 4-5 areas (tatami).

Contestants who start in kumite are obliged to have necessary equipment (WKF design)

- ✓ teeth guard
- ✓ groin guards
- ✓ feet guards
- ✓ gloves

There is no obligation to present bunkai by kata teams in final for children and abecedarians (obligatory for Cadets, Juniors, Seniors).

Every club can appoint a free number of competitors and teams .

In kata competitions for children (to 9 years old) minimum two kata have to be done alternatively.

In kata competitions for children (10 - 11 years old) minimum two kata have to be done alternatively (during contest for a medal different kata have to be done except Taikyokushodan)

In kata competitions of Abecedarians in every round different kata have to be done (from H-2, P-2 or from WKF list)

Cadets, juniors, seniors - WKF rules !

In teams kata for children (to 8 years old) there is no obligation to present different kata.

In teams kata for children (9 - 11 years old) minimum two kata have to be done alternatively.

In teams kata of Abecedarians in every round different kata have to be done.

In teams kata of Cadets, Juniors, Seniors - WKF rules !

COMPETITIONS:

A. Individual kata

B Teams kata

| No. | BOYS/MEN | No. | GIRLS/WOMEN |
|-----|----------------------|------|------------------|
| A1. | 7 years old and less | A6. | 7 years and less |
| A2. | 8 years old | A7. | 8 years old |
| A3. | 9 years old | A8. | 9 years old |
| A4. | 10 years old | A9. | 10 years old |
| A5. | 11 years old | A10. | 11 years old |

| | | | |
|------|---------------------------|------|---------------------------|
| A11. | Abecedarians kata (12-13) | A15. | Abecedarians kata (12-13) |
| A12. | Cadets kata (14-15) | A16. | Cadets kata (14-15) |
| A13. | Juniors kata (16-17) | A17. | Juniors kata (16-17) |
| A14. | Seniors kata (age +18) | A18. | Seniors kata (age +18) |

| nr konk. | Boys/Men | nr konk. | Girls/Woman |
|----------|---------------------------------|----------|---------------------------------|
| B1. | Teams kata 8 years old and less | B6. | Teams kata 8 years old and less |
| B2. | Teams kata of 9-11 years old | B7. | Teams kata of 9-11 years old |
| B3. | Teams kata of 12-13 years old | B8. | Teams kata of 12-13 years old |
| B4. | Teams kata of 14-15 years old | B9. | Teams kata of 14-15 years old |
| B5. | Teams kata of +16 years old | B10. | Teams kata of +16 years old |

C. Individual kumite

C1. Children individual kumite (to 9 years old): 20 sec. fight

- ✓ girls, weight - open
- ✓ boys, weight - open

This competition is followed the example of fight with the phantom - a model of a part of the body. Two competitors start fight on a referee signal against each other without possibility of contact. Referee can stop the contest in case of: contact, crossed the line and to announce a winner.

C2. Children individual kumite (10-11 years old): 60 sec. fight

- ✓ girls, weight -35kg, -40kg, +40kg
- ✓ boys, weight - 38kg, -43kg, -48kg, +48kg

C3. Abecedarians individual kumite (12-13 years old): 90 sec. fight

- ✓ boys, weight -43kg, -48kg, -53kg, +53kg
- ✓ girls, weight -40kg, -45kg, +45kg

C4. Cadets individual kumite (14-15 years old): 120 sec. fight

- ✓ boys, weight -52kg, -57kg, -63kg, -70kg, +70kg
- ✓ girls: , weight: -47kg, -54kg, +54kg

C5. Juniors individual kumite (16-17 years old): 120 sec. fight

- ✓ men, weight -55kg, -61kg, -68kg, -76kg, +76kg
- ✓ women, weight -48kg, -53kg, -59kg, +59kg

C6. Seniors individual kumite (18 years old inclusive): 180 sec. fight

- ✓ men, weight -60kg, -67kg, -75kg, -84kg, +84kg
- ✓ women:, weight -50kg, -55kg, -61kg, -68kg, +68kg

D. Teams kumite (boys/men)

D.1. Abecedarians (12-13) 3+1

D.2. Cadets (14-15) 3+1

D.3. Juniors (16-17) 3+1

D.4. Seniors (+18) 3+1

ENTRY FEES

Entry fee will be accepted in the competition's office in The Sports and entertainment arena "Pod Debowcem" in Karbowa 26 Street on the day of the Grand Prix competition - 23.10.2010 from 7.30am.

- ✓ Participation in one individual contest costs PLN 35 (€ 10)
- ✓ Participation in team contests costs PLN 70 (€ 20)

AWARDS

Competitors who are first in the individual contests will receive memorial cups, medals and diplomas. For 2nd and 3rd places they will receive memorial medals and diplomas. For the first place in the team contests, the winning team will get a memorial cup, medals and diplomas. For 2nd and 3rd places they will receive memorial medals and diplomas.

MISCELLANEOUS

All controversial matters will be solved by the Main Judge of the competition in agreement with the organizer.

The organizer isn't responsible for lost items . Heads of teams are responsible for

competitors' behaviour or eventual damages made by them.

During the competition only competitors, heads of teams, coaches and invited guests can stay in the area of a fighting floor. For the audience there are special places.

In order to lodge a protest against judges decision it is necessary to pay security at the amount of PLN 200 (€ 50) .

Exhibition and sale of goods is allowed on condition that the organizer gives his consent to it.

It is also possible to order a tasty meal in the area of Sports hall for a cheap price.

ACCOMODATION

Organizer of Grand Prix can book an accommodation for teams which put in an order until 11.10.2010r. Payment for accommodation must be paid in cash in organizer's office. After 11.10.2010r. organizer don't provide an accommodation.

- Hotel Transportowiec (400m to Sports Hall) - 20€ per night with breakfast
- Hotel ZIAD (near Sports Hall) - 15€ per night (rooms without bathroom)

**APPLICATION FORM OF THE IV-th International Bielsko-Biala Karate Grand Prix
Bielsko-Biala 23.10.2010r.**

THE NAME:

AND ADDRESS OF A CLUB:

A COACH (name and surname):

A HEAD OF A TEAM (name and surname):

INDIVIDUAL COMPETITION IN KATA / KUMITE TEAMS KATA AND TEAMS KUMITE

| No. | NAME AND SURNAME | DATE OF BIRTH | KARATE DEGREE | No. OF INDIVIDUAL COMPETITION | | WEIGHT CATEGORY | No. OF KATA/KUMITE TEAM COMPETITION |
|-----|------------------|---------------|---------------|-------------------------------|--------|-----------------|-------------------------------------|
| | | | | KATA | KUMITE | | |
| 1. | KOWALSKI John | 1992.01.10 | 5 KYU | A13 | C4 | -58 KG | B4,D2 |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |

ACCOMODATION

| | TIME | NO. OF PEOPLE | TOTAL PRICE |
|----------------------|------|---------------|-------------|
| HOTEL TRANSPORTOWIEC | | | |
| HOTEL ZIAD | | | |